

Name: _____

Date: _____

My “Intention Medicine” Mission Statement

I will use my unique abilities of

Focused mostly on

With the desired result of

My Long Term Metrics

If your life turned out exceptionally well - not just professionally - what would be unmistakably true?

Creating Margin for what is Priceless

Unnecessary complexity:

Financial escalation:

Cut the low value things:

Beyond the White Coat Roadmap

Action Areas	Focus on My Practice	Focus on My Family	Focus on My Fitness	Focus on Financial Freedom	Focus on Faith (Nuture my Inner World)
Desired Results & Measures					
What Will I do?					
Milestones					
Who Can Help Me?					